



Heal and Sole Holistics

Station Road, Castle Cary

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www.healandsole.co.uk



Feeling stressed, anxious or run down?

*If so, a Reiki treatment in our
tranquil therapy room could help you!*



Taster treatment £15 Full treatment £50 Course of 5 treatments £200

Specialising in Reflexology, Reiki and Indian Head Massage